



**THINK
FORCE**

**20 | MINDNAVY
25 | PORTFOLIO**

Why We Exist

TAILORED TRAINING SOLUTIONS

We take a learner-centric approach, conducting needs assessments to understand specific learning requirements before designing customized training programs. Our experienced trainers deliver these programs using various methodologies, ensuring engagement and effectiveness. Training topics range from essential employability skills and entrepreneurship to communication skills, digital marketing, and leadership development.

EXTENSIVE PROJECT EXPERIENCE

We boast a proven track record of success. We have delivered training and leadership development programs for diverse audiences, including employees in the banking sector, youth, micro, small, and medium enterprises (MSMEs), and social enterprises. Our partnerships include Mercy Corps, UNDP, Q-Invest, and LOST organization.

ABOUT MINDNAVY

We at Mindnavy are a dynamic training, coaching, and consulting firm dedicated to empowering individuals, startups, and companies to achieve personal and professional success.

OUR MISSION

At Mindnavy, we empower individuals and organizations to achieve world-class performance by cultivating a culture of resilience, wellbeing, and self-actualization. Through our specially designed training, coaching, and consulting services we enable our clients to make a positive impact on the world.

OUR TREASURES

M

Magnanimous:

The greatness of the spirit can be achieved through self-improvement and hard work. This kind of leadership and courage is the epitome of magnanimity, providing an example to all who should strive to be better.

D

Deep Dive:

We deep dive into any topic to gain a thorough understanding and extract the most important pieces of information, which we share with you in an organized, digestible manner.

V

Visionary:

We are a team of visionary thinkers who seek to be at the forefront of innovation.

I

Inclusion:

Inclusion is more than just being welcoming and tolerant; it is actively inviting people in and fostering an environment of respect, collaboration, and appreciation.

N

Numinous:

We strive to ensure that your time here is one of spiritual and emotional growth and that our services are designed to bring about inner peace and harmony.

Y

You:

We value your presence above all else. You are paramount to us!

N

Neoteric:

As neoteric thinkers, we are better equipped to adapt to the changing times while providing a different perspective that can open our eyes to new possibilities.

A

Authenticity:

Authenticity is what we are aiming for in today's world. People have become so accustomed to fitting in that authenticity has become rare.



OUR TRAINING / COACHING EXPERIENCE

Mindnavy has a strong track record in delivering comprehensive training programs, encompassing a wide range of areas from leadership and management to soft skills and entrepreneurship. We have successfully collaborated with leading NGOs and companies such as Women's Programs Association (WPA), The Nawaya Network, Nahnoo, Arcenciel, Oxfam, Menahra, Q- Invest, Jean Paul Foundation II, Convatec, GIZ, Mercy Corps, LOST organization, Teach for Lebanon, Permanent Peace Movement, UNDP, LOYAC Lebanon, and others.

CORE COMPETENCIES AND EXPERIENCE:

Business Development and Coaching: MindNavy has a proven history of supporting entrepreneurs and businesses through comprehensive coaching and training programs. Our experience spans various sectors, including women-led enterprises, youth, and social enterprises.

Business Plan Development and Pitching: We have a strong track record in guiding businesses through the development of robust business plans and preparing them for successful investor pitches. Our expertise covers market analysis, financial projections, and strategic planning.

Relevant projects: Entrepreneurship and Business Development Training, Business Coaching, and Mentoring Sessions (WPA), Business Development/Freelancing Skills Training (Mercy Corps).

Leadership and Team Building: We specialize in developing leadership skills, fostering teamwork, and enhancing organizational performance. Our training programs address various leadership levels, from individual contributors to senior management.

Relevant projects: Leadership Skills Training (Menahra), Leadership and Management Skills training (Q- Invest), Team Bonding Workshop (Convatec), Leadership and Emotional Intelligence Workshops (LOST organization, Teach for Lebanon).

Project Management and Facilitation: MindNavy possesses strong project management capabilities, ensuring the successful execution of initiatives from planning to completion. Our experience includes curriculum development, training delivery, and stakeholder management.

Key projects: Project Management (The Nawaya Network), Youth Venture Facilitation (GIZ), Proposal Writing, Employability Skills Training (LOYAC Lebanon).



KEY DIFFERENCIATOR

CPD Certification:

Mindnavy's Training of Trainers (TOT) program and "Marketing: Strategies and Tools" programs are certified by the Continuing Professional Development (CPD), ensuring high-quality training delivery.

Diverse Clientele:

The company has a proven track record of working with various organizations and individuals, demonstrating their adaptability and versatility.

Comprehensive Approach:

Mindnavy offers a holistic approach to training, combining digital skills with leadership, management, and soft skills development.



THE FOUNDERS



“Disrupting the thinking formula in minds will trigger new actions and transformation.”

NAHI AL JAWAD

Founder & CEO of Mindnavy
Trainer, Consultant and Entrepreneur



“Reprogramming the mindset will create change and facilitate growth.”

MOSTAFA SHEHADI

Founder of Mindnavy
R&D Executive of Mindnavy

SIGNATURE WORKS

PROJECT HIGHLIGHTS



Leadership and Management Skills training in Collaboration with Tasneed Consulting

↻ Q-Invest

🕒 2023

Collaborated with Tasneed Consulting to deliver training programs on managerial skills, communication, group management, micro-macro management and leadership.

GDC Strategy Development

↻ Jean Paul Foundation II

🕒 2023

Development of the strategy for the General Directorate of Coops in Lebanon.

Team Bonding Workshop

↻ Convatec

🕒 2023

Team bonding workshop focusing on activities that fostered team cohesion, improved communication, and promoted collaboration among team members

Leadership and Emotional Intelligence Workshops

↻ LOST Organization

🕒 2022

Conducted leadership and emotional intelligence workshops as part of the train-the-trainer program for coordinators and branch managers.

Train-the-Trainer Sessions

↻ Mercy Corps

🕒 2019

Mindnavy Founders Conducted Train-the-Trainer sessions for master trainers enrolled in the FORSA program.

Specialized Technical and Business Support

↻ Oxfam

🕒 2023

Multiple types of technical support for social enterprises, among these support were digital marketing, content creation, web-design and development support.

Digital Marketing and Content Creation

↻ Nahno

🕒 2024

Digital Marketing, Content Creation for social media for Startups at Kharayeb, Lebanon.

Digital Marketing, Content Creation for social media, creative writing and social media monetization

↻ Al Sabil Association

🕒 2024-2025

Digital marketing, content creation, and social media monetization workshops for startups and freelancers at Ansar Municipality.

Branding and Communication Strategy

↻ Women's Programs Association (WPA)

🕒 2023-2024

Developed WPA's fresh brand identity, formulated comprehensive branding guidelines, devised effective communication strategies, crafted an internal communication plan, and established a robust social media strategy.

Digital Marketing Workshops

↻ Arcenciel

🕒 2023-2024

Conducted a digital marketing workshop for Home-based businesses (Micro, Small, and Medium Enterprises) in partnership with Arcenciel.

Entrepreneurship and Business Development Training, Business

↻ Women's Programs Association (WPA)

🕒 2024-2025

Supporting Livelihoods by Fostering Economic Empowerment for 60 Palestinian Refugee Women Entrepreneurs with Home-Based Businesses in Beirut.

Leadership Skills Training

↻ MENANPUD

🕒 2023

Multiple types of technical support for social enterprises, among these support were digital marketing, content creation, web-design and development support.

CPD – Certified TOT program

☞ Individuals

🕒 2024-2025

Mindnavy has launched 5 Rounds of the program so far with a total of 60 graduates. The program is designed and delivered by Mindnavy founders.

Technical Courses Delivery

☞ The Nawaya Network

🕒 2024

Providing courses for youths from different backgrounds in topics related to, Digital Marketing, Business Coaching, Project Management, Business English, TOT, Public Speaking and General Coaching.

Train-the-Trainer Sessions

☞ Mercy Corps

🕒 2022

Train-the-Trainer sessions for master trainers enrolled in the FORSA II Program.

Youth Venture Facilitation

☞ GIZ

🕒 2023

Facilitate a conference to set ideas regarding the role of youth in community development and their partnership with municipalities.

Business Development/Freelancing Skills Training

☞ Mercy Corps

🕒 2021-2023

Provided business development and freelancing skills training as part of the Freelance Academy program in partnership with Mercy Corps.

Soft Skills Training Collaboration with Mercy Corps

☞ Mercy Corps

🕒 2020-2023

Provided leadership training as part of the soft-skills program in collaboration with Mercy Corps for the FORSA II program.

Soft-Skills Program

☞ Mercy Corps

🕒 2021-2023

Provided the soft-skills program as part of the Madad - Linked program.

Leadership, EQ, stakeholder management, M&E Workshops

☞ Teach for Lebanon

🕒 2022

Conducted capacity building training sessions for employees, coordinators, and alumni at Teach for Lebanon.

Project Management

☞ The Nawaya Network

🕒 2022

Preparation of the Project Management Curriculum, Project Management Guide, and Project Plan (handbook) – Training and Mentoring Delivery – SPACE Program – GIZ and The Nawaya Network.

Group Management and Dynamics

☞ Permanent Peace Movement

🕒 2021

Group and NGO management workshop for community leaders representing several regions and areas in Lebanon.

Entrepreneurship & Business Development

☞ UNDP

🕒 2020

Collaborated with UNDP on training programs related to entrepreneurship and creating work opportunities.

Business Development Training

☞ Nawaya Network

🕒 2019 - 2022

Multiple types of technical support for social enterprises, among these support were digital marketing, content creation, web-design and development support.

Proposal Writing & Employability Skills

☞ LOYAC Lebanon

🕒 2018-2019

Conducted training sessions on employability skills, goal setting, and time management for youth in partnership with LOYAC Lebanon.

National Strategy for Cooperative Development

☞ Ministry of Agriculture in Lebanon

🕒 2025

Designing and presenting a National Strategy for Cooperative Development for the Ministry of Agriculture in Lebanon.

Needs Assessment Workshop

☞ World Wide Travel and Tourism

🕒 2025

This workshop aimed to identify key technical and interpersonal skill gaps by reviewing job descriptions, conducting focus group sessions, and activities for each department.

PROJECT HIGHLIGHTS

OUR PARTNERS | TRANSFORMATIONS | CASE STUDIES





ORGANIZATION

CPD – Mindnavy Certified TOT Program.

PROJECTS

- Mindnavy launched 7 Rounds of the program in 2024-2025; a total of 55 graduates, graduated from this program so far. The program is design and delivered by Mindnavy founders.
- The program was conducted for: Freelancing Experts and Trainers from various industries, Team from Local and International Organizations such as Anera, Teach for Lebanon and Arc en Ciel.



ORGANIZATION

Q Invest
Boot Camp Soft Skills Trainings

PROJECTS

Soft Skills Training Boot Camp

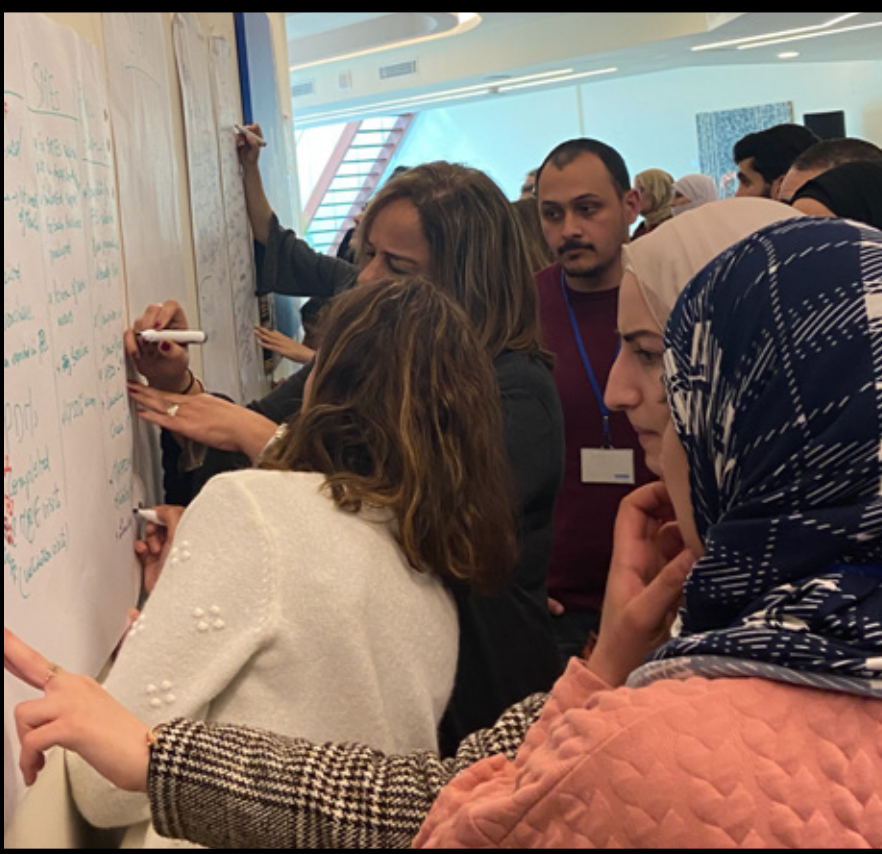


ORGANIZATION

Women Programs Association

PROJECTS

- **Entrepreneurship and Business Development Training, Business Coaching, and Mentoring Sessions**
- **Branding and Communication Strategy**



ORGANIZATION

**Mercy Corps
and Care International**

PROJECTS:

Conference Facilitation



ORGANIZATION

Nawaya Network

PROJECTS

- **Technical Courses Delivery.**
- **Project Management.**
- **Business Development Training.**



ORGANIZATION

Mercy Corps

PROJECTS

- TOT Sessions
- Business Development/Freelancing Skills Training
- Soft Skills Training Collaboration with Mercy Corps
- Soft-Skills Program



ORGANIZATION

CONVATEC

PROJECTS

Team Bonding Workshop



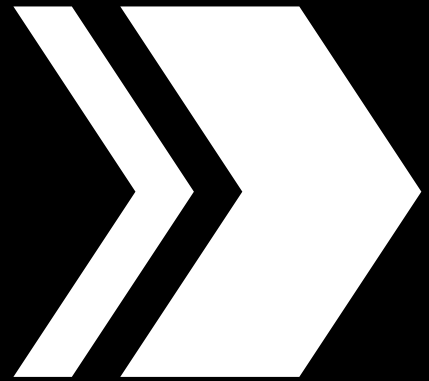
ORGANIZATION

GIZ
Deutsche Gesellschaft für
Internationale Zusammenarbeit

PROJECTS

Youth Venture Facilitation

THINK FORCE



See our work process,
behind-the-scenes moments,
and daily inspiration.



Connect with us directly for
updates, questions, or
collaborations.



Explore our programs,
philosophy, and impact
in detail.



Stay in touch professionally
and follow our journey.

